

# Blanton-Peale

## Institute & Counseling Center

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Free Virtual Clergy Sabbath

### Humility in an Age of Narcissism: *Forming the Well-Being of Spiritual Leaders*

This workshop draws on research and prior formation workshops on humility and narcissism and consideration of larger systemic forces of narcissism in the US context. We will explore healthy and unhealthy expressions of both humility and narcissism from a relational spirituality and relational development perspective. Our RSM-based approach to these issues is informed by a program of research on these dynamics and challenges with seminary students and established spiritual leaders.

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Leading the sabbath is Steve Sandage, Professor of Psychology of Religion and Theology at Boston University. He studied psychology at Iowa State University where he developed an interest in connections between mental health, spirituality, and ministry, which he also pursued in seminary. This led to working as a chaplain in prisons, a geriatric facility, and a group home for boys, which further shaped his desire to integrate psychology and theology in

understanding human development and healing. In 2013, Steve accepted the Danielsen Chair position at Boston University School of Theology and the Danielsen Institute, where he also serves as Research Director and Senior Staff Psychologist. He holds a joint appointment at Boston University in the Department of Psychological and Brain Sciences.



**June 29th  
& 30th**



**Virtual**



**10 AM -  
12 PM EST**

## Join Us!

This half-day humility formation workshop proved effective in a study with an ethnically-diverse group of seminary students (Jankowski et al., 2022).

We also connect humility to intercultural competence and social justice commitment in addition to other aspects of healthy spiritual formation. Spiritual leaders can typically describe significant challenges navigating these complex dynamics with certain individuals in their congregations or ministry contexts, as well as recognizing the ongoing formation challenges within their own leadership.

**If you have any questions, please reach Mickey Correa, LCSW, Blanton-Peale's Chief Program Officer at [mcorrea@blantonpeale.org](mailto:mcorrea@blantonpeale.org). Since space is limited, after you fill out the application, you will be notified of your acceptance along with further instructions.**

This program is offered as part of Blanton-Peale's ongoing clergy sabbath program that encourages clergy self-care and holistic wellness.

**[CLICK HERE TO FILL OUT AN APPLICATION](#)**

Blanton-Peale Institute & Counseling Center provides affordable and accessible, holistic and culturally-responsive mental health care to people representing the full diversity of New York City. It amplifies this impact by training mental health professionals, leaders, and other caring people with the tools of psychology, mental health, and spirituality.

**Blanton-Peale Institute & Counseling Center**

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