

Blanton-Peale

Institute & Counseling Center

Free Virtual Clergy Sabbath

The Enneagram and Your Spiritual Journey

The Enneagram is used most powerfully as a map – a way of reading the signposts that identify the snares we have unknowingly set for ourselves in order to realize God's promise of liberation, not just for ourselves but for the sake of our ministry in this world.



Leading the sabbath is Rev. Michelle Meech, an Episcopal priest who is dedicated to helping people develop more compassion for themselves and others. She was trained by the Enneagram Institute and has been teaching the Enneagram for over 20 years in workshops, retreats, ongoing groups, and spiritual direction. She works as Rector for St. John's Episcopal Church in Kingston, NY where she lives and grows things with her beloved wife Ana.



**January
11th & 12th**



Virtual



**10 AM - 4 PM
EST**

Join Us!

This workshop offers deeper instruction on the Enneagram and how we can use its wisdom on our spiritual journey rather than as a way to categorize ourselves and others. We will be working as a group over Zoom to learn the basic language and form of the Enneagram but will also engage in personal reflection questions to assist us with our deeper spiritual work. Both newcomers to the Enneagram and those with prior experience are welcome to join. You will be given access to a testing mechanism ahead of the class time to help you prepare for our time together. **If you have any questions, please reach Mickey Correa, LCSW, Blanton-Peale's Chief Program Officer at mcorrea@blantonpeale.org. Since space is limited, after you fill out the application, you will be notified of your acceptance along with further instructions.** This program is offered as part of Blanton-Peale's ongoing clergy sabbath program that encourages clergy self-care and holistic wellness.

[CLICK HERE TO FILL OUT AN APPLICATION](#)

Blanton-Peale Institute & Counseling Center provides affordable and accessible, holistic and culturally-responsive mental health care to people representing the full diversity of New York City. It amplifies this impact by training mental health professionals, leaders, and other caring people with the tools of psychology, mental health, and spirituality.

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